



# BODY SCULPTING

## CONSULTATION FORM

### CLIENT INFORMATION

Name: ..... Date: .....

Date of birth: ..... Age: .....  Female  Male

City: ..... Zip: .....

Phone: ..... Email: .....

Emergency contact: ..... Phone: .....

### MEDICAL HISTORY

Do you have or have you had any of the following conditions? If yes, please select them:

- |   |   |  |
|---|---|--|
| <input type="radio"/> Autoimmune disorder     | <input type="radio"/> Gastrointestinal disorder | <input type="radio"/> Liver disease    |
| <input type="radio"/> Blood clotting disorder | <input type="radio"/> Heart disease             | <input type="radio"/> Photosensitivity |
| <input type="radio"/> Cancer/Chemo therapy    | <input type="radio"/> High blood pressure       | <input type="radio"/> Skin conditions  |
| <input type="radio"/> Diabetes                | <input type="radio"/> History of gallstones     | <input type="radio"/> Thyroid disorder |
| <input type="radio"/> Epilepsi                | <input type="radio"/> Infections                | <input type="radio"/> Tumors           |
| <input type="radio"/> Gallbladder removed     | <input type="radio"/> Kidney disease            | <input type="radio"/> Varicose veins   |

Any other condition?

Do you have any allergies to medications, products, or materials ?

Have you ever had an allergic reaction to any food or substance?

No  Yes .....

Have you had any recent surgery or injuries?

No  Yes .....

Do you have hearing aids, pacemaker, hormone pellets or any metal pins/plates implanted?

No  Yes .....

Do you currently experience any pain or discomfort in the areas you would like to target?

No  Yes .....

**FEMALE CLIENTS**

Are you pregnant or trying to become pregnant?  No  Yes

Are you breastfeeding?  No  Yes

**YOUR LIFESTYLE**

Are you currently on a weight loss program?

No  Yes .....

Do you exercise? If yes, how often?

No  Yes .....

Do you smoke? If yes, how often?

No  Yes .....

What is your alcohol consumption?

I don't drink  
 Once a month or less  2-4 times a month  2-3 times a week  4+ times a week

How much water do you drink daily?

I don't drink water every day  
 1-2 glasses  3-4 glasses  5-6 glasses  7+ glasses

### BODY SCULPTING GOALS

Have you undergone any previous body sculpting procedures?

No  Yes .....

What would you like to achieve?

Eliminate excess fat     Skin tightening     Reshape/contour     Cellulite removal

What specific areas of your body would you like to target for body sculpting?

Abdomen                       Arms                       Thighs                       Buttocks

Other: .....

What results are you expecting from the body sculpting procedure(s)?

.....  
.....

I, the undersigned, confirm that I have disclosed my known medical conditions, provided honest answers to all questions, and agree to inform the provider of any changes in my medical history. I understand that the information provided is essential to ensure my safety during body sculpting treatments and that it will be kept confidential.

.....  
*Client name (printed)*

.....  
*Client (signature)*

.....  
*Date*

.....  
*Technician name (printed)*

.....  
*Technician (signature)*

.....  
*Date*